

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2019

River Highlands of Birmingham

1	2
9:00 "Commit to Get Fit"-RH 10:00 Snack and Chat 10:30 Men Bible Study-LIB 11:00 Board Games 12:00 Lunch-MD 2:00 Friday Social-Bistro 3:30 UNO Card Game	9:30 Chair Aerobics-RH 10:00 Snack and Chat 10:30 BINGO! 12:00 Lunch-MD 1:30 Hall Walkers 2:00 Saturday Matinee and Popcorn-MT 3:30 Noodle Ball-LIB <small>Groundhog Day</small>

3	4	5	6	7	8	9
9:30 Spiritual Hymns 10:00 Church Service With Church of the Highlands-RH 10:15 Catholic Service-LIB 11:00 Sit and Chat 12:00 Lunch-MD 2:00 Fresh Baked Cookies 3:00 Sunday Matinee	9:30 Chair Aerobics 10:00 Coffee and Danish 11:00 UNO Card Game 12:00 Lunch-MD 2:00 Let's Play Connect 4 3:30 Monday Matinee and Popcorn-MT 4:00 Let's Read the Daily Chronicle Newsletter	9:00 Chair Aerobics 9:30 Snack and Chat 10:00 Books to You "Hoover Library"-RH 12:00 Lunch-MD 2:00 Let's Enjoy a Fresh Bowl of Fruit 3:00 Let's Watch the Steve Harvey Show <small>Chinese New Year</small>	9:30 Chair Aerobics 10:00 Coffee and Danish 11:00 Pet Therapy-RH 11:30 Putt Putt Golf 12:00 Lunch-MD 2:00 Remembering the 1950's-RH 3:30 Root Beer Floats 4:00 Let's Read the Daily Chronicle Newsletter	9:30 Chair Aerobics 10:00 Snack and Chat 11:00 A Game of Table Tennis 12:00 Lunch 2:00 Let's Enjoy a Fresh Bowl of Fruit 3:30 Bible Study with Kristy and J.P and Norma-RH	9:00 "Commit to Get Fit"-RH 10:00 Snack and Chat 10:30 Men Bible Study-LIB 12:00 Lunch-MD 1:30 Senior Wellness STEP ON IT! Hall Walkers-3 rd FL 2:00 Friday Social Meet and Greet-Bistro	9:30 Chair Exercise-RH 10:00 Snack and Chat 10:30 BINGO! 12:00 Lunch-MD 1:30 Hall Walkers 2:00 Let's Party with Elvis-Bistro 3:00 Saturday Matinee and Popcorn-MT

10	11	12	13	14	15	16
9:30 Spiritual Hymns 10:00 Church Service With Church of the Highlands-RH 10:15 Catholic Service-LIB 11:00 UNO Card Game 12:00 Lunch-MD 2:00 Ice Cream Social 3:00 Sunday Matinee	9:00 Chair Aerobics 9:30 Snack and Chat 10:00 Nifty 50's-RH 12:00 Lunch 2:00 Board Games & Puzzles 3:30 Monday Matinee and Popcorn 4:00 Let's Read the Daily Chronicle Newsletter	9:30 Chair Aerobics 10:00 Snack and Chat 11:00 Bean Bag Toss 12:00 Lunch-MD 2:00 A Game of Table Tennis 3:30 Ice Cream with Sprinkles 4:00 Let's Read the Daily Chronicle Newsletter	9:00 Chair Aerobics 9:30 Snack and Chat 10:00 Music Therapy with Blake-RH 11:00 Pet Therapy-RH 12:00 Lunch-MD 2:00 Bean Bag Toss 3:30 Afternoon matinee and Popcorn-MT	9:30 Chair Aerobics 10:00 Snack and Chat 10:30 Manicure Time 11:00 Listen to 1950's Tunes 12:00 Lunch 1:30 Scenic Ride w/ Toni 2:00 Valentine Party-Bistro 3:30 Bible Study with Kristy and J.P and Norma-RH <small>Valentine's Day</small>	9:00 "Commit to Get Fit"-RH 10:00 Snack and Chat 10:30 Men Bible Study-LIB 12:00 Lunch-MD 1:30 Senior Wellness STEP ON IT! Hall Walkers-3 rd FL 2:00 Friday Social Meet and Greet-Bistro	9:30 Chair Exercise-RH 10:00 Snack and Chat 10:30 BINGO! 12:00 Lunch-MD 1:30 Hall Walkers 2:00 Saturday Matinee and Popcorn-MT 3:30 Noodle Ball-LIB

17	18	19	20	21	22	23
9:30 Spiritual Hymns 10:00 Church Service With Church of the Highlands-RH 10:15 Catholic Service-LIB 11:00 Sit and Chat 12:00 Lunch-MD 2:00 Sunday Matinee and Popcorn 3:00 Let's go for a Walk	9:30 Chair Aerobics 10:00 Coffee and Danish 11:00 Arts & Crafts 12:00 Lunch 2:00 Let's Play Checkers 3:30 Monday Matinee and Popcorn 4:00 Let's Read the Daily Chronicle Newsletter <small>Presidents' Day (US)</small>	9:00 Chair Aerobics 9:30 Snack and Chat 10:00 Drum Circle with Walker Wright-RH 12:00 Lunch-MD 1:30 Sing Along with Mike Little-MCD 2:00 Enjoy a Fresh Bowl of Fruit 3:30 Steve Harvey Show	9:30 Chair Aerobics 10:00 Coffee and Danish 11:00 Putt Putt Golf 12:00 Lunch-MD 2:00 February Birthday Party 3:30 Word Search Puzzles 4:00 Let's Read the Daily Chronicle Newsletter	9:30 Chair Aerobics 10:00 Snack and Chat 11:00 UNO Card Game 12:00 Lunch-MD 2:00 Let's Enjoy a Fresh Bowl of Fruit 3:30 Bible Study with Kristy and J.P and Norma-RH 4:00 Let's Read the Daily Chronicle Newsletter	9:00 "Commit to Get Fit"-RH 10:00 Snack and Chat 10:30 United Methodist 10:30 Men Bible Study-LIB 12:00 Lunch-MD 1:30 Senior Wellness STEP ON IT! Hall Walkers-3 rd FL 2:00 Friday Social with James and James-Bistro	9:30 Chair Exercise-RH 10:00 Snack and Chat 10:30 BINGO! 12:00 Lunch-MD 1:30 Hall Walkers 2:00 Piano Recital with Mickey-RH 3:00 Saturday Matinee and Popcorn-MT

24	25	26	27	28		
9:30 Spiritual Hymns 10:00 Church Service With Church of the Highlands-RH 10:15 Catholic Service-LIB 11:00 BINGO! 12:00 Lunch-MD 2:00 Ice Cream Social 3:00 Sunday Matinee	9:30 Chair Aerobics 10:00 Snack and Chat 11:00 Coloring and Puzzles 12:00 Lunch 2:00 UNO Card Game 3:30 Monday Matinee and Popcorn 4:00 Let's Read the Daily Chronicle Newsletter	9:30 Chair Aerobics 10:00 Snack and Chat 11:00 Let's Go Bowling 12:00 Lunch-MD 2:00 BINGO! 3:30 Let's Read the Daily Chronicle Newsletter 4:00 Let's go for a Walk	9:30 Chair Aerobics 10:00 Snack and Chat 11:00 Pet Therapy-RH 11:30 Bean Bag Toss 12:00 Lunch-MD 2:00 A Game of Table Tennis 3:30 Root Beer Floats 4:00 Watch "I Love Lucy Show"-N2L	9:30 Chair Aerobics 10:00 Snack and Chat 10:30 Manicure Time 11:00 Listen to 1950's Tunes 12:00 Lunch-MD 1:30 Scenic Ride w/ Toni 3:30 Bible Study with Kristy and J.P and Norma-RH		

Calendar Subject to Change.