

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2019



<p>9:00 coffee & Muffin-Bistro 3</p> <p>10 :00 Onsite Church with Church of the Highlands-RH</p> <p>10:15 Catholic Church Service-LIB</p> <p>12:00 Lunch-MD</p> <p>1:30 Hall Walkers-3rd FL</p> <p>2:00 Sunday Movie-MT</p>	<p>9:00 Chair Exercise-RH 4</p> <p>10:00 Fancy Nails-LIB</p> <p>12:00 Lunch-MD</p> <p>1:30 Senior Wellness STEP ON IT! Hall Walkers-3rd FL</p> <p>2:00 BINGO! -LIB</p> <p>3:00 Monday Matinee and Popcorn-MT</p>	<p>9:30 Chair Exercise-RH 5</p> <p>10:00 Tuesday Matinee-MT</p> <p>12:00 Lunch-MD</p> <p>1:00 Senior Wellness STEP ON IT! Hall Walkers-3rd FL</p> <p>1:45 Walmart Shopping-ML</p> <p>2:00 Rummikub-LIB</p> <p>3:00 Resident Bridge Club-Bistro</p> <p style="text-align:center"><small>Mardi Gras</small></p>	<p>9:30 Chair Exercise-RH 6</p> <p>10:00 UNO Card Game-LIB</p> <p>11:00 Pet Therapy-RH</p> <p>12:00 Lunch-MD</p> <p>1:30 Senior Wellness STEP ON IT! Hall Walkers-3rd FL</p> <p>2:00 Sing A Long with Mike Latham-RH</p> <p style="text-align:center"><small>Ash Wednesday</small></p>	<p>9:30 Chair Exercise-RH 7</p> <p>10:30 Shades Crest Baptist Church Senior Choir-RH</p> <p>12:00 Lunch-MD</p> <p>1:00 Senior Wellness STEP ON IT! Hall Walkers-3rd FL</p> <p>1:30 Mike Little-RH</p> <p>3:30 Bible Study with Kristy and J.P. and Norma-RH</p>	<p>9:00 "Commit to Get Fit"-RH 8</p> <p>10:00 Movie Time and Popcorn-MT</p> <p>10:30 Men Bible Study-LIB</p> <p>12:00 Lunch-MD</p> <p>1:30 Senior Wellness STEP ON IT! Hall Walkers-3rd FL</p> <p>2:00 Friday Social with Patricia-Bistro</p>	<p>9:30 Chair Exercise-RH 9</p> <p>10:00 Rummikub-Bistro</p> <p>12:00 Lunch-MD</p> <p>1:30 Senior Wellness STEP ON IT! Hall Walkers-3rd FL</p> <p>2:00 Saturday Matinee and Popcorn-MT</p>
<p>9:00 coffee & Muffin-Bistro 10</p> <p>10 :00 Onsite Church with Church of the Highlands-RH</p> <p>10:15 Catholic Church Service-LIB</p> <p>12:00 Lunch-MD</p> <p>1:30 Hall Walkers-3rd FL</p> <p>2:00 Sunday Movie-MT</p> <p style="text-align:center"><small>Daylight Saving Time Begins</small></p>	<p>9:00 Chair Exercise-RH 11</p> <p>10:00 Nifty 50's</p> <p>12:00 Lunch-MD</p> <p>1:30 Senior Wellness STEP ON IT! Hall Walkers-3rd FL</p> <p>2:00 BINGO! -LIB</p> <p>3:00 Monday Matinee and Popcorn-MT</p>	<p>9:30 Chair Exercise-RH 12</p> <p>10:00 Resident Council Meeting-RH</p> <p>12:00 Lunch-MD</p> <p>1:00 Senior Wellness STEP ON IT! Hall Walkers-3rd FL</p> <p>1:45 Walmart Shopping-ML</p> <p>2:00 Rummikub-LIB</p> <p>3:00 Resident Bridge Club-Bistro</p>	<p>9:30 Chair Exercise-RH 13</p> <p>10:00 Music therapy-RH</p> <p>11:00 Pet Therapy-RH</p> <p>12:00 Lunch-MD</p> <p>1:30 Senior Wellness STEP ON IT! Hall Walkers-3rd FL</p> <p>2:00 Hoover Horizons Songbirds-RH</p> <p>3:00 UNO Card Game-LIB</p>	<p>9:30 Chair Exercise-RH 14</p> <p>10:00 UNO Card Game-LIB</p> <p>11:00 Lunch @ Lloyd's-ML</p> <p>1:30 Senior Wellness STEP ON IT! Hall Walkers-3rd FL</p> <p>2:00 Miss Linda Wright House of Blues form New Orleans-RH</p> <p>3:30 Bible Study with Kristy and J.P. and Norma-RH</p>	<p>9:00 "Commit to Get Fit"-RH 15</p> <p>10:00 Movie Time and Popcorn-MT</p> <p>10:30 Men Bible Study-LIB</p> <p>12:00 Lunch-MD</p> <p>1:30 Senior Wellness STEP ON IT! Hall Walkers-3rd FL</p> <p>2:00 Rummikub-LIB</p>	<p>9:30 Chair Exercise-RH 16</p> <p>10:00 Rummikub-Bistro</p> <p>12:00 Lunch-MD</p> <p>1:30 Senior Wellness STEP ON IT! Hall Walkers-3rd FL</p> <p>2:00 The History of St. Patrick's and the Irish America-RH</p> <p>3:00 Movie and Popcorn-MT</p>
<p>9:00 coffee & Muffin-Bistro 17</p> <p>10 :00 Onsite Church with Church of the Highlands-RH</p> <p>10:15 Catholic Church Service-LIB</p> <p>12:00 Lunch-MD</p> <p>1:30 Hall Walkers-3rd FL</p> <p>2:00 Sunday Movie-MT</p> <p style="text-align:center"><small>St. Patrick's Day</small></p>	<p>9:00 Chair Exercise-RH 18</p> <p>10:00 Fancy Nails-LIB</p> <p>12:00 Lunch-MD</p> <p>1:30 Senior Wellness STEP ON IT! Hall Walkers-3rd FL</p> <p>2:00 BINGO! -LIB</p> <p>3:00 Monday Matinee and Popcorn-MT</p>	<p>9:30 Chair Exercise-RH 19</p> <p>10:00 Tuesday Matinee-MT</p> <p>12:00 Lunch-MD</p> <p>1:00 Senior Wellness STEP ON IT! Hall Walkers-3rd FL</p> <p>1:45 Walmart Shopping-ML</p> <p>2:00 Rummikub-LIB</p> <p>3:00 Resident Bridge Club-Bistro</p>	<p>9:30 Chair Exercise-RH 20</p> <p>10:00 Snack and Chat-Bistro</p> <p>12:00 Lunch-MD</p> <p>1:30 Senior Wellness STEP ON IT! Hall Walkers-3rd FL</p> <p>2:00 March Birthday Party with George Winters-Bistro</p> <p>3:00 Rummikub-LIB</p> <p style="text-align:center"><small>Spring Begins</small></p>	<p>9:30 Chair Exercise-RH 21</p> <p>10:00 Walgreen Shopping-ML</p> <p>12:00 Lunch-MD</p> <p>1:30 Senior Wellness STEP ON IT! Hall Walkers-3rd FL</p> <p>2:00 BINGO! -Bistro</p> <p>3:30 Bible Study with Kristy and J.P. and Norma-RH</p> <p style="text-align:center"><small>Purim</small></p>	<p>9:00 "Commit to Get Fit"-RH 22</p> <p>10:30 United Methodist Good Samaritan's-RH</p> <p>10:30 Men Bible Study-LIB</p> <p>12:00 Lunch-MD</p> <p>1:30 Senior Wellness STEP ON IT! Hall Walkers-3rd FL</p> <p>2:00 Friday Social James and James-Bistro</p>	<p>9:30 Chair Exercise-RH 23</p> <p>10:00 Rummikub-Bistro</p> <p>12:00 Lunch-MD</p> <p>1:30 Senior Wellness STEP ON IT! Hall Walkers-3rd FL</p> <p>2:00 Saturday Matinee and Popcorn-MT</p>
<p>9:00 coffee & Muffin-Bistro 24</p> <p>10 :00 Onsite Church with Church of the Highlands-RH</p> <p>10:15 Catholic Church Service-LIB</p> <p>12:00 Lunch-MD</p> <p>1:30 Hall Walkers-3rd FL</p> <p>2:00 Sunday Movie-MT</p>	<p>9:00 Chair Exercise-RH 25</p> <p>10:00 Pizza Toss Game-LIB</p> <p>12:00 Lunch-MD</p> <p>1:30 Senior Wellness STEP ON IT! Hall Walkers-3rd FL</p> <p>2:00 BINGO! -LIB</p> <p>3:00 Monday Matinee and Popcorn-MT</p>	<p>9:30 Chair Exercise-RH 26</p> <p>10:00 Tuesday Matinee-MT</p> <p>12:00 Lunch-MD</p> <p>1:00 Senior Wellness STEP ON IT! Hall Walkers-3rd FL</p> <p>1:45 Walmart Shopping-ML</p> <p>2:00 Rummikub-LIB</p> <p>3:00 Resident Bridge Club-Bistro</p>	<p>9:30 Chair Exercise-RH 27</p> <p>10:30 Noodle Ball-LIB</p> <p>12:00 Lunch-MD</p> <p>1:30 Senior Wellness STEP ON IT! Hall Walkers-3rd FL</p> <p>2:00 Piano Recital with Mickey-RH</p> <p>3:00 Rummikub-LIB</p>	<p>9:30 Chair Exercise-RH 28</p> <p>10:00 UNO Card Gama-LIB</p> <p>11:00 Lunch @ Cracker Barrel-MD</p> <p>1:30 Senior Wellness STEP ON IT! Hall Walkers-3rd FL</p> <p>2:00 BINGO! -Bistro</p> <p>3:30 Bible Study with Kristy and J.P. and Norma-RH</p>	<p>9:00 "Commit to Get Fit"-RH 29</p> <p>10:00 Movie Time and Popcorn-MT</p> <p>10:30 Men Bible Study-LIB</p> <p>12:00 Lunch-MD</p> <p>1:30 Senior Wellness STEP ON IT! Hall Walkers-3rd FL</p> <p>2:00 Rummikub-LIB</p>	<p>9:30 Chair Exercise-RH 30</p> <p>10:00 Rummikub-Bistro</p> <p>12:00 Lunch-MD</p> <p>1:30 Senior Wellness STEP ON IT! Hall Walkers-3rd FL</p> <p>2:00 Saturday Matinee and Popcorn-MT</p>

9:00 coffee & Muffin-Bistro **31**

10 :00 Onsite Church with Church of the Highlands-RH

10:15 Catholic Church Service-LIB

12:00 Lunch-MD

1:30 Hall Walkers-3rd FL

2:00 Sunday Movie-MT



River Highlands of Birmingham



Calendar Subject to Change.