

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



March 2019

9:30 Spiritual Hymns 10:00 Church Service With Church of the Highlands-RH 10:15 Catholic Service-LIB 11:00 UNO Card Game 12:00 Lunch-MD 2:00 Ice Cream Social 3:00 Sunday Matinee	3	9:30 Chair Aerobics 10:00 Snack and Chat 11:00 Sing-along with Jolene Brackey "Songs to Remember" 12:00 Lunch-MD 2:00 UNO Card Game 3:30 Monday Matinee and Popcorn-MT 4:00 Daily Chronicle News	4	9:30 Chair Aerobics 10:00 Snack and Chat 11:00 Noddle Ball 12:00 Lunch-MD 2:00 BINGO! 3:00 Family Feud Game Show 4:00 Daily Chronicle News	5	9:30 Chair Aerobics 10:00 Snack and Chat 11:00 Pet Therapy-RH 11:30 Table Tennis 12:00 Lunch-MD 2:00 Sing Along w/ Mike Latham 3:30 Root Beer Floats 4:00 Daily Chronicle News	6	9:30 Chair Aerobics 10:00 Snack and Chat 10:30 Shades Crest Baptist Church Senior Choir-RH 12:00 Lunch 1:30 Sing-Along w/ Mike Little 3:30 Bible Study with Kristy and J.P and Norma-RH	7	9:00 "Commit to Get Fit"-RH 9:30 Snack and Chat 10:00 Movie and Popcorn-MT 10:30 Men Bible Study-LIB 11:00 Puzzles & Games 12:00 Lunch-MD 2:00 Friday Social-Bistro 3:30 BINGO!	1	9:30 Chair Aerobics-RH 10:00 Snack and Chat 10:30 BINGO! 12:00 Lunch-MD 1:30 Hall Walkers 2:00 Saturday Matinee and Popcorn-MT 3:30 Board Games & Puzzles	2
9:30 Spiritual Hymns 10:00 Church Service With Church of the Highlands-RH 10:15 Catholic Service-LIB 11:00 Sit and Chat 12:00 Lunch-MD 2:00 Fresh Baked Cookies 3:00 Sunday Matinee	10	9:00 Chair Aerobics 9:30 Snack and Chat 10:00 Nifty 50's-RH 12:00 Lunch 2:00 Board Games & Puzzles 3:30 Monday Matinee and Popcorn 4:00 Daily Chronicle News	11	9:30 Chair Aerobics 10:00 Snack and Chat 11:00 Putt Putt Golf 12:00 Lunch-MD 2:00 UNO Card Game 3:30 Ice Cream with Sprinkles 4:00 Daily Chronicle News	12	9:00 Chair Aerobics 9:30 Snack and Chat 10:00 Music Therapy with Blake-RH 11:00 Pet Therapy-RH 12:00 Lunch-MD 2:00 Bean Bag Toss 3:30 Afternoon Matinee	13	9:30 Chair Aerobics 10:00 Snack and Chat 10:30 Manicure Time 11:00 Karaoke Thursday 12:00 Lunch 2:00 Miss Linda Wright "House of Blues" from New Orleans-RH 3:30 Bible Study with Kristy and J.P and Norma-RH	14	9:00 "Commit to Get Fit"-RH 9:30 Snack and Chat 10:00 Movie and Popcorn-MT 10:30 Men Bible Study-LIB 12:00 Lunch-MD 1:30 Senior Wellness STEP ON IT! Hall Walkers-3 rd FL 2:00 Friday Social	15	9:30 Chair Exercise-RH 10:00 Snack and Chat 10:30 BINGO! 12:00 Lunch-MD 1:30 Hall Walkers 2:00 Saturday Matinee and Popcorn-MT 3:30 Board Games & Puzzles	16
9:30 Spiritual Hymns 10:00 Church Service With Church of the Highlands-RH 10:15 Catholic Service-LIB 11:00 BINGO! 12:00 Lunch-MD 2:00 Ice Cream Social 3:00 Sunday Matinee	17	9:30 Chair Aerobics 10:00 Snack and Chat 11:00 Sing-along with Jolene Brackey "Songs to Remember" 12:00 Lunch 2:00 BINGO! 3:30 Monday Matinee and Popcorn 4:00 Daily Chronicle News	18	9:00 Chair Aerobics 9:30 Snack and Chat 10:00 Noddle Ball 12:00 Lunch-MD 1:30 Sing Along with Mike Little-MCD 2:00 Table Tennis 3:30 Watch "I Love Lucy"-N2L 4:00 Daily Chronicle News	19	9:30 Chair Aerobics 10:00 Snack and Chat 11:00 Table Tennis 12:00 Lunch-MD 2:00 March Birthday Party w/ George Winter-Bistro 3:30 BINGO! 4:00 Daily Chronicle News	20	9:30 Chair Aerobics 10:00 Snack and Chat 11:00 Noodle Ball 12:00 Lunch-MD 2:00 Let's Go Bowling 3:30 Bible Study with Kristy and J.P and Norma-RH 4:00 Daily Chronicle News	21	9:00 "Commit to Get Fit"-RH 9:30 Snack and Chat 10:30 United Methodist 10:30 Men Bible Study-LIB 12:00 Lunch-MD 1:30 Senior Wellness STEP ON IT! Hall Walkers-3 rd FL 2:00 Friday Social with James and James-Bistro	22	9:30 Chair Exercise-RH 10:00 Snack and Chat 10:30 UNO Card Game 12:00 Lunch-MD 1:30 Hall Walkers 2:00 Saturday Matinee and Popcorn-MT 3:30 Board Games & Puzzles	23
9:30 Spiritual Hymns 10:00 Church Service With Church of the Highlands-RH 10:15 Catholic Service-LIB 11:00 Sit and Chat 12:00 Lunch-MD 2:00 Sunday Matinee and Popcorn	24	9:30 Chair Aerobics 10:00 Snack and Chat 11:00 UNO Card Game 12:00 Lunch 2:00 Beach Ball Fun 3:30 Monday Matinee and Popcorn 4:00 Daily Chronicle News	25	9:30 Chair Aerobics 10:00 Snack and Chat 11:00 Putt Putt Golf 12:00 Lunch-MD 2:00 Let's Go Bowling 3:30 Daily Chronicle News 4:00 Let's go for a Walk	26	9:30 Chair Aerobics 10:00 Snack and Chat 11:00 Pet Therapy-RH 11:30 BINGO! 12:00 Lunch-MD 2:00 Beach Ball Fun 3:30 Fresh Baked Cookies 4:00 Daily Chronicle News	27	9:30 Chair Aerobics 10:00 Snack and Chat 10:30 Manicure Time 11:00 Karaoke Thursday 12:00 Lunch-MD 1:30 Scenic Ride w/ Toni 3:30 Bible Study with Kristy and J.P and Norma-RH	28	9:00 "Commit to Get Fit"-RH 9:30 Snack and Chat 10:00 Movie and Popcorn 10:30 Men Bible Study-LIB 12:00 Lunch-MD 1:30 Senior Wellness STEP ON IT! Hall Walkers-3 rd FL 2:00 Friday Social	29	9:30 Chair Exercise-RH 10:00 Snack and Chat 10:30 BINGO! 12:00 Lunch-MD 1:30 Hall Walkers 2:00 Saturday Matinee and Popcorn-MT 3:30 Board Games & Puzzles	30
9:30 Spiritual Hymns 10:00 Church Service With Church of the Highlands-RH 10:15 Catholic Service-LIB 11:00 UNO Card Game 12:00 Lunch-MD 2:00 Ice Cream Social 3:00 Sunday Matinee	31												

River Highlands of Birmingham

Calendar Subject to Change.